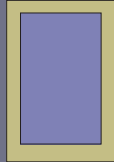


# Rates 2025

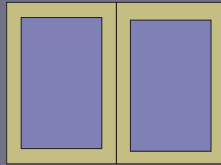
Includes VAT and shows multiple insertion discounts.

Outside back cover  
190 x 128mm



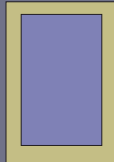
1 month (Per issue)	3 months (Per issue)	6 months (Per issue)	12 months (Per issue)
£320	£309	£296	£268

Double Page Spread  
190 x 277 mm



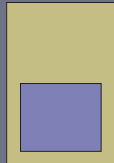
1 month (Per issue)	3 months (Per issue)	6 months (Per issue)	12 months (Per issue)
£406	£395	£384	£343

Full page  
190 x 128mm



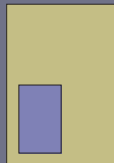
1 month (Per issue)	3 months (Per issue)	6 months (Per issue)	12 months (Per issue)
£256	£245	£234	£208

Half page  
93 x 128mm



1 month (Per issue)	3 months (Per issue)	6 months (Per issue)	12 months (Per issue)
£136	£128	£119	£101

Quarter page  
93 x 64mm



1 month (Per issue)	3 months (Per issue)	6 months (Per issue)	12 months (Per issue)
£76	£72	£67	£58

Fifth of Page Strip  
128 x 38mm



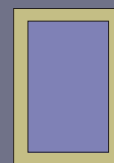
1 month (Per issue)	3 months (Per issue)	6 months (Per issue)	12 months (Per issue)
£52	£50	£47	£43

Front Cover Banners  
128 x 45mm



6 months only POA	12 months only POA
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Inside front/back cover



1 month (Per issue)	3 months (Per issue)	6 months (Per issue)	12 months (Per issue)
£282	£271	£260	£233

SMALL Sales Advert £22 per month	
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